

Acidophilus Extra 4

4 billion friendly bacteria per capsule*

Presentation

A white powder in a clear hard shell.

Each capsule delivers:

Lactobacillus acidophilus 4 x10⁹ (4 billion) live bacteria
and Bifidobacterium bifidus

Encapsulated with:

Capsule Shell (Hydroxypropyl Methylcellulose), Anti-caking Agent (Stearic Acid).

Disintegration time: Special Delayed Release (DR) capsules.

Suitable for vegetarians (V)

*at the time of manufacture

quantity

30 & 60

type

capsules

code

8417



Uses

Our digestive system is colonised by billions of bacteria and most of them are harmless. However, a favourable balance between the beneficial and the pathogenic bacteria must be kept to maintain a healthy system and its regular nature.

Lamberts® Acidophilus Extra 4 is a top selling, acidophilus product containing 4 billion beneficial bacteria per capsule (at the time of manufacture).

Lamberts® was one of the first companies to produce live bacteria capsules in the UK (over 30 years ago) and we have developed an expertise in this area. Protecting ingredients such as live bacteria from stomach acids to maintain potency is crucial which is why we have chosen to use special Delayed Release (DR) capsules. These innovative DR capsules target release after an extended time period, protecting the live bacteria from degradation in the stomach. Our DR capsules are vegetarian and made of plant-based cellulose with a 3 times lower moisture content than typical gelatin-based ones. This product is stored in refrigerated conditions until despatch to ensure maximum potency and we have a special desiccant built into the tube wall of our pot.

Recommend to:

- People on antibiotics
- People travelling overseas
- The elderly
- Those on sugar/yeast free diets

Usage and administration

2 capsules daily. Take with a glass of water, ideally first thing in the morning when the pH of the stomach is at its highest (i.e. not so acidic).

Do not swallow capsules with hot drinks; heat kills bacteria. Take at least 2 hours after antibiotic medication.

Allergen advice

None (see page 194).

Cautions

None known at the recommended usage.

Storage instructions

To be stored in a cool, dry place and protected from light, preferably in a refrigerator.

Legal category

Food supplement.

