

Artichoke 8000mg (formerly Ibisene)

High Strength Artichoke Extract

Presentation

A pale green oval coated tablet.

Each tablet delivers:

Artichoke	8000mg
(as 320mg of a 25:1 extract)	
providing Cynarin	16mg

Tableted with:

DiCalcium Phosphate, Microcrystalline Cellulose, Tablet Coating (Hydroxypropyl Methylcellulose, Colours: Titanium Dioxide, Curcumin, Copper Chlorophyllin & Iron Oxide, Glycerin), Silicon Dioxide, Magnesium Stearate, Crosslinked Cellulose Gum.

Disintegration time: Less than 1 hour.

Suitable for vegetarians  and vegans 

quantity
180

type
tablets

code
8558



Uses

Artichoke's use as a herb was first documented in the 4th century BC. The herb belongs to the plant family, Asteraceae that includes the milk thistle. Also known as globe artichoke, the plant produces large purple and green flower heads and is distinct from Jerusalem Artichoke, the edible root vegetable. Traditionally, artichoke has been used to help ease the discomfort in the upper abdomen or lower chest experienced by some people after eating. Modern research has led to practitioners extending its use to patients experiencing disrupted bowel health, and for those with impaired fat digestion. It is the leaves of the artichoke plant that contain the active compounds, the most important one being cynarin. Lamberts® Artichoke 8000mg is a high potency artichoke extract standardised upon 5% cynarin, to give a relevant level of 16mg cynarin per tablet.

Usage and administration

1 to 2 tablets daily.
Note: Artichoke extract can also be used (2 tablets) prior to a fatty meal to encourage digestive ease.

Allergen advice

None (see page 194).

Cautions

This product is not recommended for pregnant or lactating women.

Storage instructions

To be stored in a cool, dry place and protected from light.

Legal category

Food supplement.

