

Beta Glucan Complex

Beta Glucans 1,3/1,6 with Vitamins D3 & C, Selenium and Zinc

Presentation

A clear coated cream speckled tablet.

Each tablet delivers:

Vitamin D3 (1000iu)	25µg
Vitamin C	150mg
Zinc (as Citrate)	10mg
Selenium (as Selenite)	110µg
Yeast (<i>Saccharomyces Cerevisiae</i>)	388mg
providing 1,3/ 1,6 beta glucans	250mg

Tableted with:

Cellulose, Dicalcium Phosphate, Anti-caking Agents (Silicon Dioxide, Magnesium Stearate, Stearic Acid), Antioxidant: dl alpha Tocopherol, Tablet Coating (Hydroxypropyl Methylcellulose, Glycerin).

Disintegration time: Less than 1 hour.

Suitable for vegetarians (V)

quantity
60

type
tablets

code
8524



Uses

The immune system is a network of cells, tissues, and organs that work together to protect against germs and microorganisms. Now widely recommended by practitioners in this particular area of health are beta glucans 1,3/1,6, which are naturally occurring polysaccharides derived from the cell wall of *Sacchromyces Cerevisiae*.

Lamberts® Beta Glucan Complex is a high strength one a day product that provides a full 250mg of 1,3/1,6 beta glucans and is suitable for vegetarians. We have also included vitamin D3 at 25µg, 150mg of vitamin C plus 10mg of zinc and 110µg of selenium since all these nutrients are renowned for the role they play in supporting the immune system.

Usage and administration

1 tablet daily.

Allergen advice

None (see page 194).

Cautions

This product is not recommended for pregnant or lactating women.

Storage instructions

Store in a cool dry place and protected from sunlight.

Legal category

Food supplement.

