

Calcium Pantothenate 500mg

Time Release (Vitamin B5)

Presentation

Time Release formulation. A brown coated oval tablet

Each tablet delivers:

Pantothenic Acid (as Calcium Pantothenate) 500mg

Tableted with:

DiCalcium Phosphate, Cellulose, Tablet Coating (Colours: Iron Oxides and Titanium Dioxide, Hydroxypropyl Methylcellulose, Glycerin), Anti-caking Agents (Stearic Acid, Silicon Dioxide, Magnesium Stearate).

These time release tablets have been formulated to release their contents gradually over a period of 2 to 6 hours.

Suitable for vegetarians  **and vegans** 

quantity
60

type
tablets

code
8057



Uses

The name pantothenic acid comes from the latin word 'panthos' meaning everywhere and is often referred to as Vitamin B5.

Pantothenic acid is a constituent of coenzyme A, which is essential for energy release from food. It is also involved in the production of antibodies and hence is important for an efficient immune system. Pantothenic acid is essential for the production of cortisone by the adrenal glands. This corticosteroid hormone is needed to help the body cope with stress. Consequently, practitioners frequently recommend 500mg of Calcium Pantothenate daily for those with demanding lifestyles.

This is a high strength pantothenic acid supplement with each tablet providing 500mg. Due to its strength we have made the tablets time release so that they gradually release the pantothenic acid over a period of 2 to 6 hours after swallowing. This more closely matches the way a nutrient is released from food during digestion.

Usage and administration

1 tablet daily.

Allergen advice

None (see page 194).

Cautions

This product is not recommended for pregnant or lactating women.

Storage instructions

To be stored in a cool, dry place and protected from light.

Legal category

Food supplement.

