

# Pomegranate

With Red Grape (as concentrates)

## Presentation

A dark red liquid.

### Ingredients:

Pomegranate Juice Concentrate, Red Grape Juice Concentrate, Water, Preservative (Potassium Sorbate).

Suitable for vegetarians (V) and vegans (V)

quantity  
500ml

type  
liquid

code  
8604

## Uses

Pomegranate juice contains a wide range of powerful antioxidants including polyphenols and ellagitannins. These compounds have been shown to be excellent antioxidants, helping to prevent the oxidation of fats (LDL) in the blood and protecting against free radical damage. Indeed Pomegranate exceeds all other conventional fruits in its ORAC (Oxygen Radical Absorbance Capacity), making it one of the richest and most powerful antioxidants available.

Pure red grape concentrate has been included in Lamberts® Pomegranate Concentrate as it is a rich source of polyphenols and the sweet flavour balances the sharp taste of the pomegranate. This high strength combination of pure pomegranate and red grape concentrate makes Lamberts® one of the strongest available, making it perfect for patients with a high antioxidant requirement who prefer not to take tablets. Plus the delicious taste is great for encouraging patient compliance. It can be taken straight off the spoon or can be diluted to taste.

### Usage and administration

Take 15ml (3 teaspoons) daily. Shake well before use.

### Allergen advice

None (see page 194).

### Cautions

Diabetics should seek medical advice before taking this product.

Note: Pomegranate is a natural product, therefore, it may vary in taste, colour and consistency from batch to batch. This does not affect the quality or efficacy of the juice.

### Storage instructions

Store in a cool dry place, once opened keep refrigerated and use within 8 weeks.

### Legal category

Food supplement.

