## **Prostex**<sup>®</sup> 320mg of beta sitosterols per 2 tablets

| Presentation<br>A green oval coated tablet.  |   |  |  | <b>quantity</b><br>90           |
|--|---|--|--|---------------------------------|
| Two tablets deliver:<br>Vitamin D3<br>Vitamin E<br>Vitamin C<br>Thiamine (Vitamin B1)<br>Riboflavin (Vitamin B2)<br>Zinc (as Citrate)  | 10µg<br>68mg<br>300mg<br>10mg<br>10mg<br>15mg | Glycine<br>L-Glutamic Acid<br>L-Alanine<br>Beta Sitosterols<br>Quercetin | 140mg<br>140mg<br>140mg<br>320mg<br>50mg | type<br>tablets<br>code<br>8575 |
| Tableted with:   Calcium Carbonate, Cellulose, Tablet Coating (Hydroxypropyl Methylcellulose, Colours: Titanium Dioxide & Copper Chlorophyllin, Glycerin), Magnesium Stearate, Silicon Dioxide, Crosslinked Cellulose Gum, Glycerin. |   |  |  |                                 |

Disintegration time: Less than 1 hour.

Suitable for vegetarians (V)

## Uses

This formula provides a full 320mg of actual beta sitosterols per 2 tablets and we use the highest quality available.

It also contains 10µg of vitamin D3 per daily dose, since it plays an important role in the normal function of the immune system and healthy inflammatory response.

Zinc, which contributes to the maintenance of normal testosterone concentrations in the blood is included at 15mg. Plus both the vitamins C and E have been included which, like zinc, contribute to the protection of cell constituents from oxidative damage.

Prostex<sup>®</sup> also includes three important amino acids – alanine, glycine and glutamic acid, as well as a relevant level of the bioflavonoid, quercetin.



