

Soya Isoflavones 50mg

High Strength

Presentation

A white oval coated tablet.

Each tablet delivers:

Soya bean extract	250mg
Providing Isoflavones	50mg

Tableted with:

Calcium Carbonate, Cellulose, Tablet Coating (Hydroxypropyl Methylcellulose, Colour: Titanium Dioxide, Glycerin), Anti-caking Agents (Silicon Dioxide, Magnesium Stearate), Stearic Acid.

Disintegration time: Less than 1 hour.

Suitable for vegetarians  **and vegans** 

quantity
60

type
tablets

code
8562



Uses

There is a growing body of evidence in the scientific literature that eastern diets may provide significantly more cell-protective plant nutrients than western diets. One group of these beneficial plant compounds, known as isoflavones, has become increasingly popular with nutritionists because research indicates they may offer certain positive health effects, for women in particular. Isoflavones are members of the flavonoid family of plant materials and are found in high concentrations in soya beans.

Soya bean isoflavones have now become popular and convenient supplements for women approaching or going through the menopause, and there is increasing evidence that they may contribute to maintaining bone health.

Lamberts® Soya Isoflavones is one of the most potent products available in the UK, reflecting the level and profile of isoflavones used by researchers in scientific investigations of note.

The level of isoflavones present in supplements can be confusing as some companies label soya extract as being all 'isoflavones'. This is never the case as the isoflavones are only ever present in the soya extract, at anything between 10% - 30%. Lamberts® however, accounts for this when listing the isoflavones level, so each tablet provides a full 50mg of pure isoflavones.

Usage and administration

1 to 2 tablets daily.

Allergen advice

Contains Soya.

Cautions

This product is not recommended for pregnant or lactating women.

Storage instructions

To be stored in a cool, dry place and protected from light.

Legal category

Food supplement.

