

Vegan Vitamin D3 1000iu (25µg)

Natural, plant-based source of vitamin D3

Presentation

A soft capsule.

Typically per capsule:

Vitamin D3 1000iu (25µg)

Encapsulated with:

Sunflower Seed Oil, Antioxidant: dl-alpha Tocopherol, Capsule Shell (Modified Corn Starch, Glycerin, Gelling Agent: Carrageenan, Acidity Regulator: Sodium Carbonate).

Disintegration time: Less than 30 minutes.

Suitable for vegetarians  **and vegans** 

quantity
90

type
capsules

code
8137



Uses

There are now more and more people becoming vegan (over half a million people in the UK) for a variety of motivations, whether it be environmental, health or animal welfare reasons. These vegan vitamin D3 capsules are ideal, whatever the motivation.

Lamberts® Vegan Vitamin D is 100% non-GMO, algal-origin Vitamin D3 (Cholecalciferol). Whereas in the past D2 (Ergocalciferol, a Vitamin D analog) has been used in vegetarian and vegan Vitamin D products, the suitability and bioavailability of D2 continues to be questioned. NMR testing has shown the Lamberts® algal source to be chemically identical to animal sources of Vitamin D3.

As well as being suitable for vegetarians and vegans, Lamberts® Vegan Vitamin D3 offers a fully sustainable and traceable end-to-end supply chain process with complete control on quality and purity. Each capsule provides a full 1000iu of vegan vitamin D3.

Usage & Administration

Take 1 capsule daily.

Allergen advice

None (see page 194)

Cautions

None known at the recommended usage.

Storage instructions

To be stored in a cool, dry place and protected from light.

Legal category

Food supplement.

