

ACEROLA CHERRY

Providing 200mg Vitamin C

P343 / P344



The fruit of the acerola cherry tree is rich in vitamin C, flavonoids, and carotenoids, with the cherry-like fruits being one of the richest-known natural sources of vitamin C.

- Acerola also contains a whole array of bioflavonoids, vitamins, minerals, and other phytonutrients, making it an ideal food-based source of nutrition.
- Acerola Cherry is a well absorbed, retained, and utilised form of vitamin C: gentle, non-acidic and citrus-free.
- Contains pure powdered acerola cherry, yielding 25% vitamin C in vegan capsules.
- Acerola Cherry is a 'food complex material' and you can take it between meals and on an empty stomach with no adverse reactions.
- Each 800mg capsule provides 200mg of vitamin C.
- This is a gentle non-acidic Wholefood product that is well used by the body and unlike synthetic ascorbic acid, which is rapidly excreted, it is also well retained.

Product Information:

60 capsules = 30-60 days supply

30 capsules = 15-30 days supply

Permitted Health Claims:

Vitamin C contributes to normal:

- energy-yielding metabolism, functioning of the nervous system, psychological function, immune system function and collagen formation for the normal function of blood vessels, bones, cartilage, gums, skin, and teeth.

Vitamin C contributes to:

- maintaining the function of the immune system during and after intense physical exercise, the protection of cells from oxidative stress, the reduction of tiredness and fatigue, the regeneration of the reduced form of vitamin E.

Vitamin C increases iron absorption.

Suitable for:

Suitable for men, women, and children (aged 4 years and over)

Form:

Capsule



Acerola Cherry

1 capsule provides on average:

Active Nutrient	Strength	%NRV+
Whole Acerola Cherry powder	800mg	*
Providing Vitamin C	200mg	250

+NRV = Nutrient Reference Value
* Indicates no NRV

Ingredients: Whole acerola cherry powder, providing naturally occurring bioflavonoids, hydroxypropyl methylcellulose (capsule shell).

Suggested Intake: 1-2 capsules daily as a food supplement or as directed by a practitioner.

Allergen Advice: None.

Contraindications: None.

Storage: Keep cool, dry & out of direct sunlight.

