IRON with Molybdenum and Vitamin C











M125

Iron with Molybdenum & Vitamin C is a gentle, non-constipating and bio-effective source.

- This product contains Food State vitamin C which increases iron absorption.
- Food State molybdenum which helps mobilise iron from body storage in times of need.
- A Food State supplement provides nutrients in the same form as in in food.
- Uses vitamins and minerals in a food base of inactive Lactobacillus bulgaricus, a
 native and friendly bacterial inhabitant of the human GI tract. As these bacteria
 fits into normal metabolic pathways it acts as a natural carrier.

Product Information:

50 tablets = 25-50 days supply

Permitted Health Claims:

Please refer to pages 46-53

Suitable for:

Men, women, and children (aged 12 and over)

Form:

Tablet



Iron with molybdenum and vitamin C 1 tablet provides on average:

Active Nutrient	Strength	%NRV+
Vitamin C	30mg	38
Iron	10mg	71
Molybdenum	20µg	40
±NIDV - Nutrient Deference Valu	10	

* Indicates no NRV

Ingredients: Vitamin C (from Acerola extract), inactivated Lactobacillus bulgaricus combined with iron (as ferrous fumarate) and molybdenum (as sodium molybdate), microcrystalline cellulose, vegetable stearic acid, silicon dioxide, croscarmellose sodium.

 $\textbf{Suggested Intake:} \ 1-2 \ tablets \ daily \ as \ a \ food \ supplement \ or \ as \ directed \ by \ a \ practitioner.$

Allergen Advice: None.

Contraindications: None.

Storage: Keep cool, dry & out of direct sunlight.



