

JOINT SUPPORT

Glucosamine, MSM, Curcumin and Boswellia

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Joint Support is a natural phytonutrient and herbal complex containing glucosamine hydrochloride, MSM, curcumin and *Boswellia serrata*.

- Glucosamine provides raw material for the building blocks of cartilage tissue around joints.
- MSM provides an organic form of sulphur – sulphur is found at high levels in keratin, collagen, and elastin.
- Curcumin and Boswellia have a long history of traditional use.

Product Information:

60 capsules = 15-30 days supply

Suitable for:

Men and women

Form:

Capsule



Joint Support

1 capsule provides on average:

Active Nutrient	Strength	%NRV+
Glucosamine hydrochloride	300mg	*
MSM	200mg	*
Curcumin extract equivalent to 500mg curcumin (95% curcuminoids)	50mg	*
<i>Boswellia serrata</i> extract	50mg	*

+NRV = Nutrient Reference Value
* Indicates no NRV

Ingredients: Glucosamine hydrochloride, methylsulfonylmethane (MSM), curcumin 10:1 extract (95% curcuminoids), *Boswellia serrata* extract (65% boswellic acids), hydroxypropyl methylcellulose (capsule shell).

Suggested Intake: For acute use 4 capsules a day with food, for maintenance 2 capsules a day as a food supplement or as recommended by a doctor or practitioner.

Allergen Advice: None.

Contraindications: Not suitable for pregnant or lactating women, or people with allergies to shellfish.

Storage: Keep cool, dry & out of direct sunlight.

