

# EURO FORMULA

## Multivitamin & Mineral

### V107



A Food State multivitamin and mineral tablet that is ideal as a one-a-day multi, particularly where you are supplementing additional vitamins and minerals. Most of the nutrients are at broad inclusion levels.

#### Product Information:

100 tablets = 100 days supply

#### Permitted Health Claims:

Please refer to pages 46-53

#### Suitable for:

Men, women, and children (aged 12 years and over)

#### Form:

Tablet



## Euro Formula Multivitamin & Mineral

1 tablet provides on average:

Active Nutrient	Strength	%NRV+
Beta Carotene	2.4mg	*
Vitamin D3	2.5µg	50
Vitamin E	5mg	42
Vitamin C	140mg	175
Thiamin (B1)	0.7mg	64
Riboflavin (B2)	0.8mg	57
Niacin (B3)	9mg	56
Vitamin B6	1mg	71
Folic Acid	100µg	50
Vitamin B12	0.5µg	20
Biotin	75µg	150
Pantothenic acid (B5)	3mg	50
Vitamin K	20µg	27
Iron	2.5mg	18
Zinc	2.5mg	25
Iodine	75µg	50
Boron	0.5mg	*
Copper	0.25mg	25
Manganese	0.25mg	13
Selenium	50µg	91
Chromium	25µg	62
Molybdenum	5µg	10
Inositol	2.5mg	*
Choline	2.5mg	*
PABA	2.5mg	*

+NRV = Nutrient Reference Value

\* Indicates no NRV

**Ingredients:** Vitamin C combined in citrus pulp, beta carotene combined in carrot concentrate, mineral-enhanced yeast providing selenium and boron, vitamin E combined in pea protein, inactivated *Lactobacillus bulgaricus* combined with ferrous fumarate, zinc citrate, chromium (III) chloride, calcium chloride, magnesium citrate, pantothenic acid (B5), copper sulphate, inositol, potassium iodide (providing iodine), riboflavin (B2), pyridoxine (B6), thiamin (B1), manganese chloride, sodium molybdate, vitamin D3 and vitamin B12, inactivated *Saccharomyces cerevisiae* combined with niacinamide (B3), biotin, folic acid, para-aminobenzoic acid (PABA), choline and vitamin K1, microcrystalline cellulose, stearic acid, sodium carboxymethyl cellulose, hydroxypropyl methylcellulose, glycerin, magnesium stearate.

**Suggested Intake:** 1 tablet daily as a food supplement or as directed by a practitioner.

**Allergen Advice:** None.

**Contraindications:** None.

**Storage:** Keep cool, dry & out of direct sunlight.

