

ORGANIC KELP

400mg

P306



VEGAN



VEGETARIAN



ORGANIC



GB-ORG-05
Non-UK
Agriculture

Organic Kelp is iodine-rich and contains a broad spectrum of minerals, trace elements, vitamins, and carotenoids at low levels. Iodine cannot be stored by the body for a long period of time and so must be obtained regularly via the diet or supplements.

Organic Kelp is sourced from a sustainable and clean supply of kelp and guaranteed free from all impurities and pollutants. Organic Kelp has Soil Association accreditation.

- Kelp is the name given to a whole variety of seaweeds; it is often called a “herb from the sea”. Kelp contains large amounts of the mineral iodine, which means it is of great potential benefit to thyroid metabolism.
- Sourced from a sustainable and clean supply of kelp and guaranteed free from all impurities and pollutants.
- Contains a species of wild bladderwrack (a type of seaweed): *Ascophyllum nodosum*.
- Nature's Own Organic Kelp is Kosher.

Product Information:

60 capsules = 60 days supply

Suitable for:

Men and women

Form:

Capsule



Organic Kelp

1 capsule provides on average:

Average Values

400mg of kelp, which provides 280µg of iodine (186% NRV).

+NRV = Nutrient Reference Value

Ingredients: Organic Kelp (*Ascophyllum nodosum*), hydroxypropyl methylcellulose (capsule shell)*. *approved non-organic ingredient.

Suggested Intake: 1 capsule daily as a food supplement or as directed by a practitioner.

Allergen Advice: None.

Contraindications: Pregnant or breastfeeding women should consult their doctor before taking this product.

Storage: Keep cool, dry & out of direct sunlight.

