SACCHAROMYCES BOULARDII 250mg









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Saccharomyces boulardii is a unique, beneficial yeast which has evolved in the human food chain since ancestral times and has been used worldwide as a food supplement for more than half a century. It provides the digestive tract with support against a broad array of pathogens.

- This supplement is ideal for use during and post-antibiotic therapy and particularly for those with bacterial diarrhoea.
- Saccharomyces boulardii is unique in that it helps to displace all other yeast species (such as Candida) and prevents their colonisation.
- Each capsule contains 250mg of Saccharomyces boulardii (5 billion CFU*) in a shelf-stable form so no need for refrigeration.
- Stomach acid and bile resistant.

*CFU - colony forming units

Product Information:

30 capsules = 30 days supply

Suitable for:

Men, women, and children (aged 4 years and over)

Form: Capsule



Saccharomyces Boulardii

Each capsule gives 250mg of Saccharomyces boulardii, which will provide on average 5x10° viable live strains.

Ingredients: Saccharomyces boulardii, brown rice flour, hydroxypropyl methylcellulose (capsule shell).

Suggested Intake: 1 capsule a day after food, ideally 30 minutes or longer, or at bedtime. This may be increased to 1 capsule 3 times daily in acute episodes as a food supplement or as directed by a practitioner.

Allergen Advice: None.

Contraindications: None

Storage: Keep cool, dry & out of direct sunlight. No need to refrigerate.

