

ZINC & COPPER

15mg/1mg elemental

M195



Food State Zinc is combined with copper to prevent a possible risk of copper deficiency during long-term usage. Zinc and copper compete for the same absorption sites, and an excess of zinc can ultimately cause a copper deficiency.

- Zinc is the second most abundant trace mineral in the body, being present in all tissues.
- A Food State supplement – nutrients are provided to the body in the same form as those in food and uses minerals in a food base of inactive *Lactobacillus bulgaricus* and thus is a gentle and well absorbed supplement, complete with amino acids and nutrient carriers.
- *Lactobacillus bulgaricus* is a native and friendly bacterial inhabitant of the human GI tract. As these bacteria fit into normal metabolic pathways, it acts as a natural carrier.

Product Information:

50 tablets = 50 days supply

Permitted Health Claims:

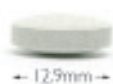
Please refer to pages 46-53

Suitable for:

Men, women, and children (aged 12 years and over)

Form:

Tablet



Zinc & Copper

1 tablet provides on average:

Active Nutrient	Strength	%NRV+
Zinc	15mg	150
Copper	1mg	100

+NRV = Nutrient Reference Value

* Indicates no NRV

Ingredients: Inactivated *Lactobacillus bulgaricus* combined with zinc citrate and copper sulphate, cellulose, dibasic calcium phosphate dihydrate, hydroxypropyl methylcellulose (tablet coating), glycerin, stearic acid, sodium carboxymethyl cellulose, magnesium stearate.

Suggested Intake: 1 tablet daily with food as a food supplement or as directed by a practitioner.

Allergen Advice: None.

Contraindications: None.

Storage: Keep cool, dry & out of direct sunlight.

